



Dear Fellow Professional:

Thank you for making a referral to EduCare Community Support Services Psychiatric Rehabilitation Program. The Psychiatric Rehab Program (PRP) provide offsite (primarily in the home) and onsite (day program) rehabilitation services to psychiatrically disabled adults.

Three Step Referral Process:

1. Confirm that client is interested in Psychiatric Rehabilitation Outreach or Day Program services.
2. Complete the three-page Referral Form.
3. Fax completed form.

Eligibility Criteria:

1. Clients must meet criteria for one of the priority population diagnoses.
2. Clients must have Medical Assistance or meet the Maryland Uninsured Span requirement.

In order to establish and maintain eligibility for EduCare services, individuals must remain under the care of a psychiatrist and/or therapist while in the program and must meet certain diagnosis criteria. Signature of a Licensed Mental Health Professional is required on the Referral Form. Future authorization renewals will be required every six months for renewing program services.

When forms are received by EduCare Community Support Services, individuals will be scheduled for an intake appointment.

If additional information is needed, please contact us at the phone number listed.

Thank you for your interest in EduCare Community Support Services, LLC.

Dunrick P. Sogie-Thomas, CPRP, MA
Psychiatric Rehabilitation Specialist and Program Director



Program Scope of Services - Psychiatric Rehabilitation Program (PRP)

Population(s) Served:

EduCare provides care to **adults** residing in Maryland.

Settings:

Outpatient - office, community and in-home. If our clients need more intensive care like a hospital medical unit, a nursing home, an adult medical daycare center, and emergency rooms, our Program cannot render services in those areas.

Hours of Services:

9:00 AM to 6:00 PM

After hours for crisis and scheduled appointments only

Days of Services:

Monday – Friday

Weekends for crisis and scheduled appointments only

Frequency of Services:

Scheduled on needed basis

Payer Sources:

Medicaid

Fees:

Current approved Medicaid fee schedules for Maryland

Referral Sources:

Must be referred by a licensed mental health professional (LCPC/LCSW) who is actively involved in the participant's treatment.

Specific Services Offered:

All services are rendered by trained qualified independent contractors deemed competent by the program to provide services that may include a review of somatic status, a rehabilitation assessment in order to develop an Individual Rehabilitation Plan initially and every 6 months thereafter for adults.

Rehabilitation and Recovery Activities may include self-care skills - personal hygiene, grooming, nutrition, dietary planning, food preparation; self-administration of medication; Social skills - community integration activities, developing natural supports, and developing linkages with and supporting the individual's participation in community activities.



Efforts to support independent living skills – skills necessary for housing stability; Community awareness; Mobility and transportation skills; Money management; Accessing available entitlements and resources; Supporting the individual to obtain and retain employment; Wellness self-management; and Activities that support the individual's cultural interests.

Health promotion and training such as activities encouraging proper nutrition and exercise. Promotion of individual wellness self-management and recovery.

On call and emergency response in the event of a mental health crisis.

Entry Criteria:

Must demonstrate motivation for treatment and present with symptoms of mental illness. Services are available to participants with Medicaid, certain dually eligible Medicare recipients, and uninsured eligible participants. If a person is uninsured, the program may assist with applying for Medicaid and have the individual register to receive temporary insurance coverage, to support having services be preauthorized as needed by the Administration's administrative services organization (ASO).

The individual needs program services to enable the individual to improve or restore independent living and social skills necessary to support the individual's Recovery, Ability to make informed decisions and choices, and Participation in community life.

The individual meets medical necessity criteria for PRP services and have severe and persistent mental illness priority population diagnosis.

Transition/Exit Criteria:

Discharge/transition planning occurs throughout all phases of the program. The person served has met discharge/transition criteria when the goals of the individual plan are achieved and referral to support services is completed, when appropriate. Additionally, discharge may occur if the person no longer attends regularly or chooses not to actively participate in the program.

Description of the Program:

PRP programs are provided in a clinic setting. A wide range of services are organized within a comprehensive therapeutic environment, that includes screening and assessment, diagnostic determination, individual and family counseling, psychiatric consultations, medication management, crisis intervention, group counseling, client advocacy, and referral to community resources. Services additionally include consultation with family and/or professional care providers. Clients are assigned to licensed clinicians who assist in individual planning and care.



Philosophy of the Program:

PRP programs to assist persons with developing and maintaining coping skills that facilitate adjustment and integration within their living environments and community. Clients and family members are empowered to make decisions about their care with the expected outcome of an increased quality of life.

Services are designed and implemented to support the recovery, health, or well-being of the persons or families served; enhance the quality of life of the persons served; reduce symptoms or needs and build resilience; restore and/or improve functioning; support the integration of the persons served into the community.

Program Goals:

The overall goal of PRP programs is to increase the quality of life through the provision of specialized outpatient mental health services and community integration. Specific areas of focus may include Recovery, Vocation/Education, Parenting, Relationships, Spirituality, Coping Skills, Anger Management, Grief and Loss. PRP programs seek to achieve the following specific objectives: To improve mood and affect in daily living; To improve social, familial, and social adjustment and integration; To reduce the need for a higher level of care.